

BOTTINEAU COUNTY



METIGOSHE



LET'S GO *birding*

Let's go birding this weekend! Whether you're new to birding or just looking for new locations, our guide has everything you need to get started!

What is birding?

Birdwatching or "birding" for short, is the activity of finding and observing birds in their natural habitats! The age-old hobby has many enthusiasts and has become one of the fastest growing hobbies in the U.S.!

When?

Birds are typically more active during morning and evening periods of the day, and less active during hot mid-day weather. For this reason, the hours near sunrise and sunset are great times to go birding!

Where?

Trees and wooded areas are great places to find birds. They often sit on elevated surfaces such as power lines, posts and treetops. You can typically hear their songs and calls, so follow your ears!

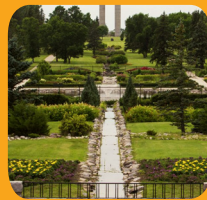
Why?

Birding may get less recognition than other hobbies, but that doesn't mean it isn't popular! Over 45 million birdwatchers enjoy the outdoors and relaxation of birding! It promotes exercise, travel, and friendships!

Locations



Lake Metigoshe State Park



International Peace Garden



Turtle Mountain State Forest



J Clark Saylor Refuge

Birds

There are many bird types & hundreds of species located in Bottineau County such as:

Marsh Birds

Owls

Raptors

Shorebirds

Songbirds

Game Birds

Waterfowl

Packing

Binoculars

Telescope

Bird book

Camera

Smartphone

Backpack

Snacks

Sun screen

Sunglasses